

### Resisterhood: Where We Came From and Where We Go From Here

Rich with insight into women's history and scripture, and drawing upon her own experience of 15 years in ministry and nonprofit leadership, Tiffany examines the intersection of race, class, womanhood, and faith, and how we can assess our own place of power, proficiencies, partnerships, presence, and passions as women of faith to architect dignified connections and spaces where all God's children can thrive. *(Ideal Audience: Women, Women in Leadership, College Age Women)*

### Back to Life, Back to Reality: Consenting to the Here and Now

As humans, we have a penchant for fixating on regrets of the past or fantasies of the future, failing to see the beauty, hard lessons, and opportunity of the here and now. Addressing disappointment, expectations, and what it takes to settle into your season, Tiffany invites listeners to be fully present to their own glorious lives, blooming where they're planted. *(Ideal Audience: Women, Congregation, Leaders, College Students)*

### Becoming: The Tension of Resilience

As pressure, pain, and tragedy mark our lives, it can be easy to assume it will be our undoing, but research and encouragement from scripture reveal it will be fodder for greatness and goodness, becoming and belonging. With her unique story, Tiffany beckons listeners to see through the eyes of their own pain to claim a better story, a narrative that is not their undoing, but instead their becoming, a new ending to the broken storyline of their lives. *(Ideal Audience: Leaders, Youth, Young Adults, Men, Women, Congregations)*

### Jesus and the Treatment of Women

Expounding on Jesus' encounters with women in the gospels, Tiffany debunks the stereotypes and ideology that discount women as equals, unearths why the silence and subjugation of women is popular in both faith and mainstream contexts, and outlines an approach to partnership between men and women necessary for relational, spiritual, and societal growth in sacred and secular spaces. *(Ideal Audience: Women, Men, Leaders)*

### Friendships for Grown Folks

There is no manual for friendships once you're grown, and many existing friendships evolve leaving us with a hunger for deep, abiding connection with other women. Rooted in scripture and a white knuckle grip on healthy boundaries, Tiffany will speak to when it's time to lean in, when to walk away, and become the emotionally healthy friend you'd want to hang with. *(Ideal Audience: Women, Young Women)*

### Our Faith Instructs Our Humanity

As stereotypes and hierarchy permeate the faith space, we must move toward equality as sons and daughters of God. In this popular message based on James 2:1, Tiffany teaches that it's in the kingdom of God we find that our spiritual needs and identity override cultural differences, no matter our race, no matter our past, no matter our culture. She leads listeners through understanding reconciliation to Christ and others, consciously moving from dismissing another's personhood to accepting another's personhood, choosing love and not fear. *(Ideal Audience: Congregation, Men and Women, Leaders)*

### Image Bearers and Bearing Witness

Grappling with the scriptural understanding of image bearers in Genesis 1 and the role of bearing witness as followers of Jesus, Tiffany expounds upon the nature and heritage of image bearers in a polarized society while bearing witness to a world hungry for belonging, acceptance, and restoration. *(Ideal Audience: Congregation, Men and Women, Leaders)*

### Burnout and Breath Prayers

With the ever present feeling of burnout, defined as hopelessness without reprieve, Tiffany explores the nature of burnout, underlying fears, and teaches on the Benedictine practice of breath prayers as a rhythm to thrive rather than survive through difficult seasons. *(Ideal Audience: Congregations, College Students, Men and Women)*